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EARLY LITERACY



ON YOUR MARK,
GET SET...
READ!



PAPER PLATE TAMBORINE

BOOK SUGGESTIONS:

1. *Goldi Rocks and the Three Bears*
by Corey Rosen Schwartz and Beth Coulton
2. *Acoustic Rooster and his Barnyard Band*
by Kwame Alexander
3. *Froggy Plays in the Band*
by Jonathan London
4. *Olivia Forms a Band*
by Ian Falconer
5. *Little Pig Joins the Band*
by David Hyde Costello
6. *Violet's Music*
by Angela Johnson
7. *Chuck's Band*
by Peggy Perry Anderson

From Chapter 2, page 80 of 2016's CSLP's On Your Mark Early Literacy manual



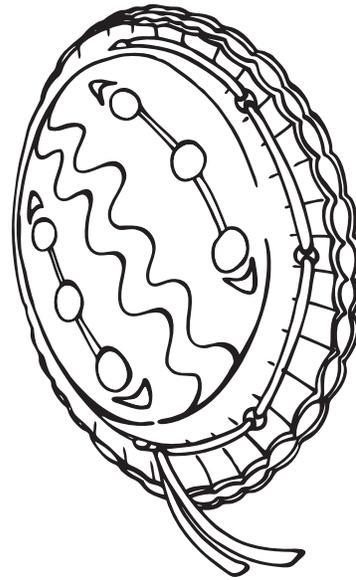


Make a Paper-Plate Tambourine!

Help your child make a tambourine using everyday materials. Keep in mind that small items such as beans and beads can be choking hazards; supervise your child closely while creating and using this tambourine.

What you need:

- Two paper plates
- Hole punch
- Stapler
- Masking tape
- Yarn
- Dried pasta or large dry beans, such as kidney beans or lima beans, or plastic beads
- $\frac{1}{4}$ c. measuring cup
- Art supplies such as markers, crayons, and stickers



What you do:

1. Decorate the backs of the paper plates any way you like.
2. Measure $\frac{1}{4}$ c. of pasta or beans. Put the pasta or beans on one of the plates (be sure that the decorated side of the plate is facing downward).
3. Place the empty plate on top of the plate containing the beads, beans, or pasta. Position the empty plate so that the artwork is facing upward.
4. Staple around the edges of the plates.
5. Cover the sharp parts of the staples with masking tape. For added safety, apply tape over the seam all the way around the tambourine.
6. Punch eight holes around the edges of the plates.
7. Lace yarn through the holes.
8. Play your tambourine!

Encourage your child to shake or clap the tambourine in time with a familiar song or rhyme. Clapping once for each syllable helps children divide words into syllables, which contributes to their understanding of language and prepares them for reading.

ON YOUR MARK, GET SET... **READ!**



PETE THE CAT PUPPET

Pete the cat loves the buttons on his shirt so much that he makes up a song about them, and even as the buttons pop off, one by one, he finds a reason to sing.

WHAT YOU NEED:

- Cardstock
- Crayons
- Craft stick
- Glue
- Small Buttons

WHAT YOU DO:

1. Using template on next page, photocopy Pete the Cat puppets onto cardstock.
2. Cut out Pete the Cat.
3. Color Pete.
4. Add some buttons with glue
5. Glue Pete on a craft stick.

BOOK SUGGESTIONS:

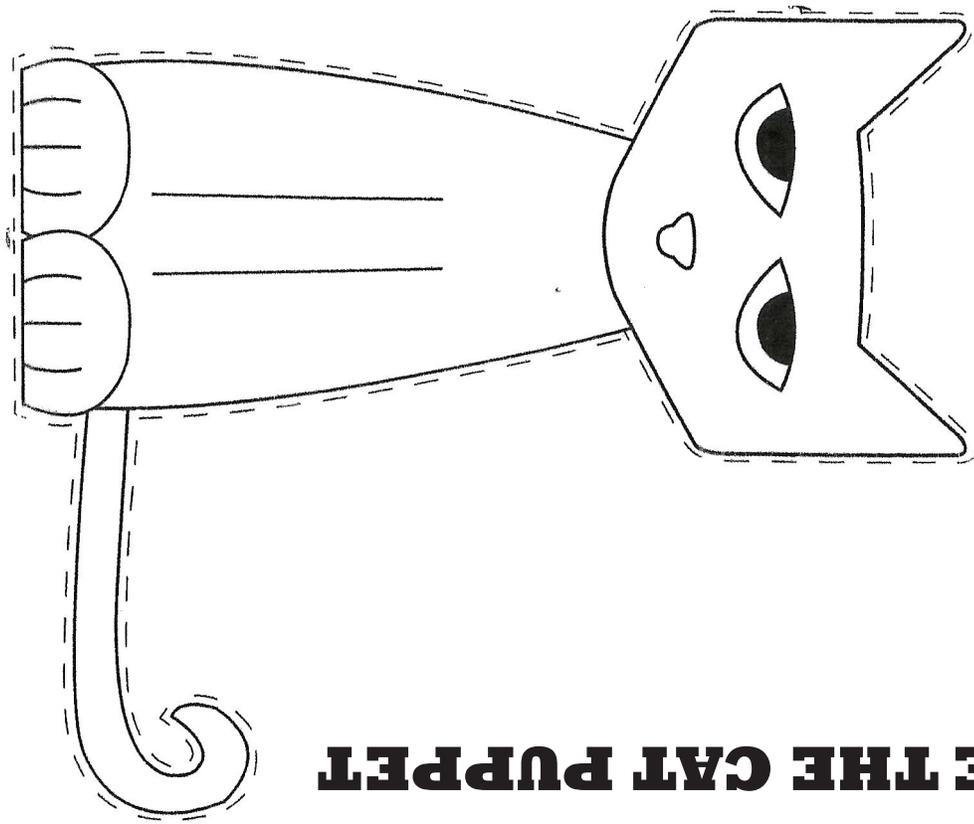
1. *Pete the Cat and His Four Groovy Buttons* by Eric Litwin

Song idea: If You're Happy and you know it

Felt Board idea: <http://www.makinglearningfun.com/themepages/PeteTheCatandHisFourGroovyButtons-FeltBoard.html>

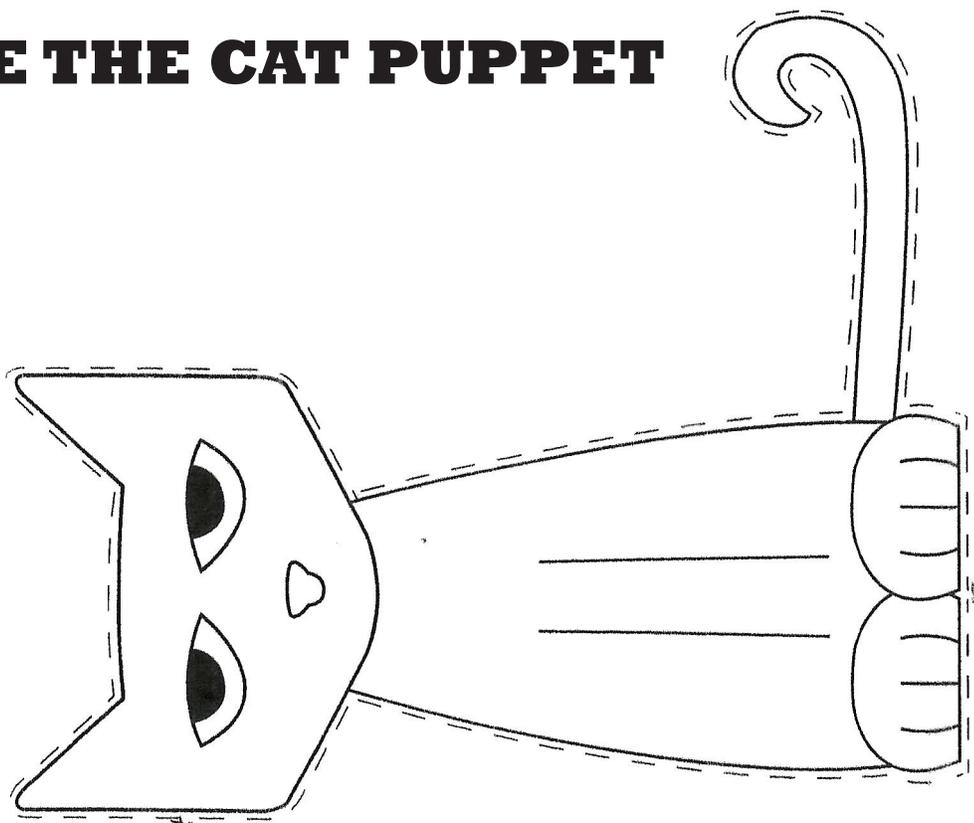
From Chapter 3, page 96 of 2016's CSLP's On Your Mark Early Literacy manual





PETE THE CAT PUPPET

PETE THE CAT PUPPET



ON YOUR MARK, GET SET... **READ!**



POOL NOODLE OLYMPIC RING PAINTING

WHAT YOU NEED:

- Pool Noodles
- Serrated knife
- Tempera paints: blue, black, red, yellow, and green
- Paper Plates
- Cardstock or heavy paper

WHAT YOU DO:

1. Cut Pool Noodle into 2-3 inch pieces using serrated knife (before program)
2. Place each color of paint on a separate paper plate
3. Use pool noodle pieces to stamp the Olympic Rings on the cardstock.



WEB RESOURCES:

- I can teach my child: <http://www.icanteachmychild.com/olympic-ring-printing-with-pool-noodles/> (photo credit)



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BOOK SUGGESTIONS

1. *Football Fumble* by Karen Barss (Martha Speaks)
2. *The Dog That Stole Football Plays* by Matt Christopher
3. *Family Huddle* by Peyton Manning
4. *Strawberry Shortcake Plays Soccer* by Gary Lineker
5. *Peanut Butter and Cupcake* by Terry Border
6. *Miss Nelson Has A Field Day* by Harry Allard
7. *Duck, Duck, Goose* by Tad Hills





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jumpstart 2015
children's manual



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CATAPULT

WHAT YOU NEED:

- 8 craft sticks (per child)
- 4 rubber bands (per child)
- Plastic spoon
- Markers for decorating if desired
- soft items such as pompoms/ cotton balls/ Ping pong balls etc
- Paper for target practice
- Paper plates (optional)

WHAT YOU DO:

1. Place 6 craft sticks in a stack, securing with a rubber band on each end.
2. Place handle of spoon flat against the top of one of the remaining sticks so that the bowl of the spoon extends past the end of the stick, facing up. Secure the spoon in place with one or two rubber bands.
3. Stack the stick with the spoon attached to it on top of the remaining stick. Secure the ends of the two craft sticks with a rubber band on the end opposite of the spoon.
4. Slide the stack of six sticks in between the other two sticks; use a rubber band to secure all eight sticks together.
5. Children use catapults to throw pom-poms onto the sheets of paper, each marked with a set number of points to earn. Have children keep track individually or create a tally sheet for the group.
6. First to reach 50 points is the winner.



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MINI BASKETBALL HOOP

WHAT YOU NEED:

- Egg Cartons (cut out egg cups from egg carton)
- Small paper cups
- Craft sticks (or sturdy straw)
- Tape
- Stapler
- Markers
- Cardboard for backboard
- Stickers
- Ping pong ball



WHAT YOU DO:

1. Poke hole in the egg cup; insert craft stick and secure with tape.
2. Cut off bottom half of paper cup.
3. Staple top half of cup to cardboard backboard.
4. Tape basket and backboard to craft stick.
5. Place on table top and use ping pong ball to play.

BOOKS:

- A Basketball Story* by Rich Torrey
- Mount Olympus Basketball* by Kevin O'Malley
- Hoop Genius* by John Coy

WEB RESOURCES:

- Tippytoe Crafts: <http://tippytoecrafts.blogspot.com/2013/07/mini-basketball-hoop.html>

MORE INDOOR GAME IDEAS:

- Use empty pop bottles or recycled tin cans weighted with sand for “bowling game” (page 151 in Children’s manual)
- Pea Pod Power Station (page 155 in Children’s manual)

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LIGHT UP FIREFLIES

WHAT YOU NEED:

- Plastic snap-together eggs (one per child)
- Battery operated tea lights (one per child)
- Pipe cleaners in a variety of colors
- Glue dots or a hot glue gun and hot glue sticks (to be operated by an adult)
- Wiggle eyes
- Scissors
- Construction paper in a variety of colors or duct tape

WHAT YOU DO:

1. Separate the two halves of the plastic egg.
2. Place a battery-operated tea light inside one of the halves of the egg.
3. Join the two halves together again.
4. Decorate the egg like a bug by adding antennae, eyes, wings, and other features with glue dots or hot glue. These can be made of pipe cleaners, wiggle eyes, construction paper and/or duct tape cut into various shapes. While decorating, be sure to leave the line between the two halves of the egg free from decoration.
5. Separate the two halves again, turn on the candle and close the egg. Enjoy your glowing firefly!



Alternate supply ideas: if plastic eggs are difficult to find, this craft can be done with small plastic bottles. Green plastic bottles, such as those used to hold soft drinks, work especially well. Glow sticks fit well inside the bottles in place of tea lights.

BOOKS:

- Go to Sleep, Gecko!* by Margaret Read MacDonald

WEB RESOURCES:

- Apartment Therapy: <http://www.apartmenttherapy.com/diy-fireflies-that-really-light-up-147918> (photo credit)

ON YOUR MARK, GET SET... READ!



SWIRLY MILK ART

WHAT YOU NEED:

- Whole Milk
- Shallow baking pan or cake pan
- Food coloring
- Liquid dish soap

WHAT YOU DO:

1. Pour milk into pan until milk is about 1/2" deep.
2. Drop food coloring onto milk (few drops each of two or three colors works well; aim for center of the milk).
3. Add one drop of dish soap to the area where the food coloring was placed. Observe as the colored milk moves away from the soap.
4. Continue to add drops of dish soap in areas where the food coloring gathers, observing what happens.
5. Explain that the fat particles in the milk are moving away from the soap, and as they move, they take the food coloring with them.



WEB RESOURCES:

- Steve Spangler Science: <http://www.stevespanglerscience.com/lab/experiments/milk-color-explosion/>
- Incredible Science: <https://www.youtube.com/watch?v=rqQSIEViNpk>
- FCS Student Life Blog: <https://fcsstudent.blog.ryerson.ca/2012/01/11/how-to-survive-an-ece-placement/> (photo credits)

From Chapter 5, page 159 of 2016's CSLP's On Your Mark Children's manual



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TEEN MANUAL

GET IN THE GAME READ

METAL WATER BOTTLE SALT WATER ETCHING

WHAT YOU NEED:

- Stainless steel or aluminum water bottle
- Pattern to be etched
- 1/2 cup water (with jar)
- 1/2 teaspoon salt
- 9V battery
- Q-tips
- 2 wires with alligator clips



WHAT YOU DO:

1. Find a design to transfer to bottle. You can use a stencil, or even make a design out of masking tape if you are making something simple.
2. Stick the design to a clean water bottle. The empty parts of the design will be etched away. See image A to the right.
3. Mix water with salt in a jar and stir. Add Q-tips to the jar.
4. Hook one wire from the positive terminal of the battery to the metal of the water bottle. See image B.
5. Hook the other wire from the negative terminal of the battery to the wet end of one of the Q-tips. The clip has to be on the wet part of the Q-tip. See image C.
6. Place the Q-tip on the bottle where you want the design to appear. Move the Q-tip around to dab the entire area. See image D.
7. The top of the Q-tip will become discolored as metal is transferred from the bottle to the Q-tip, so you will need to replace the Q-tip often. We used 4 Q-tips for the sailboat design.
8. Try to cover the area evenly. When done, dry off the design and remove the stencil. Wash the outside of the bottle to remove any remaining liquid. See image E.

WEB RESOURCES:

- Upstate Ramblings: <http://www.upstateramblings.com/salt-water-etching/> (photos credits)

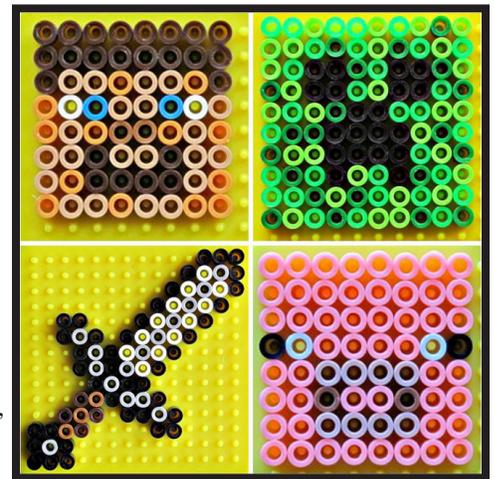


GET IN THE GAME READ

MINECRAFT ART

WHAT YOU NEED:

- Perler Beads
- Perler Pegboards
- Tweezers
- Iron & surface for ironing
- Ironing paper
- Hanging supplies like magnet backing or key chain rings, large jump rings, etc.



WHAT YOU DO:

1. Decide on pattern. Google “perler Minecraft” or “perler Nintendo” for more ideas.
2. Turn on iron to heat as directed from Perler Beads package, typically at “Cotton” setting.
3. Lay out colored perler beads on pegboard. Use tweezers if necessary.
4. Place ironing paper on top of design and iron in a circular motion around the entire project area for about 30 seconds or until beads have fused together.
5. Let cool for about 2 minutes.
6. Peel design off of paper.
7. Flip pattern down on the surface/pegboard. Place ironing paper on top and iron the other side repeating steps 4-6.



WEB RESOURCES:

- 8bit Dad Tutorial: <http://www.8bitdad.com/2013/08/29/making-retro-video-game-pixel-art-with-perler-beads-17551>
- Amazon | Perler beads: http://www.amazon.com/Perler-Beads-000-Count-Bucket-Multi/dp/B0000AW5SU/ref=sr_1_1?ie=UTF8&qid=1449078422&sr=8-1&keywords=perler+beads
- Amazon | Perler Bead Pegboards: http://www.amazon.com/Perler-Pegboards-2-Inch--2-Inch-2-Pack/dp/B001B9I1RS/ref=sr_1_11?ie=UTF8&qid=1449078503&sr=8-11&keywords=perler+bead+pegboard

GET IN THE GAME READ

MINIATURE ZEN GARDEN

WHAT YOU NEED:

- Soap travel container or mint tins
- Wood-grained contact paper
- Coarse sand
- Small stones/ shells
- Balsam wood or popsicle sticks
- Craft glue
- Scissors

WHAT YOU DO:

1. Cover the outside, sides and interior rim of the container with wood-grained contact paper.
2. Fill container with sand and add a few small stones.
3. Use popsicle sticks to craft a garden rake



WEB RESOURCES:

- How Stuff Works: <http://lifestyle.howstuffworks.com/crafts/recycled/projects/zen-garden-altoids-tin1.htm> (photo credit courtesy Kate Pruitt)
- Pinterest | “miniature zen garden” search: https://www.pinterest.com/search/pins/?q=miniature%20zen%20garden&term_meta%5B%5D=miniature%7Ctyped&term_meta%5B%5D=zen%7Ctyped&term_meta%5B%5D=garden%7Ctype
- Clay Alley | Hinged Mint Tins: <http://www.clayalley.com/tins.htm>

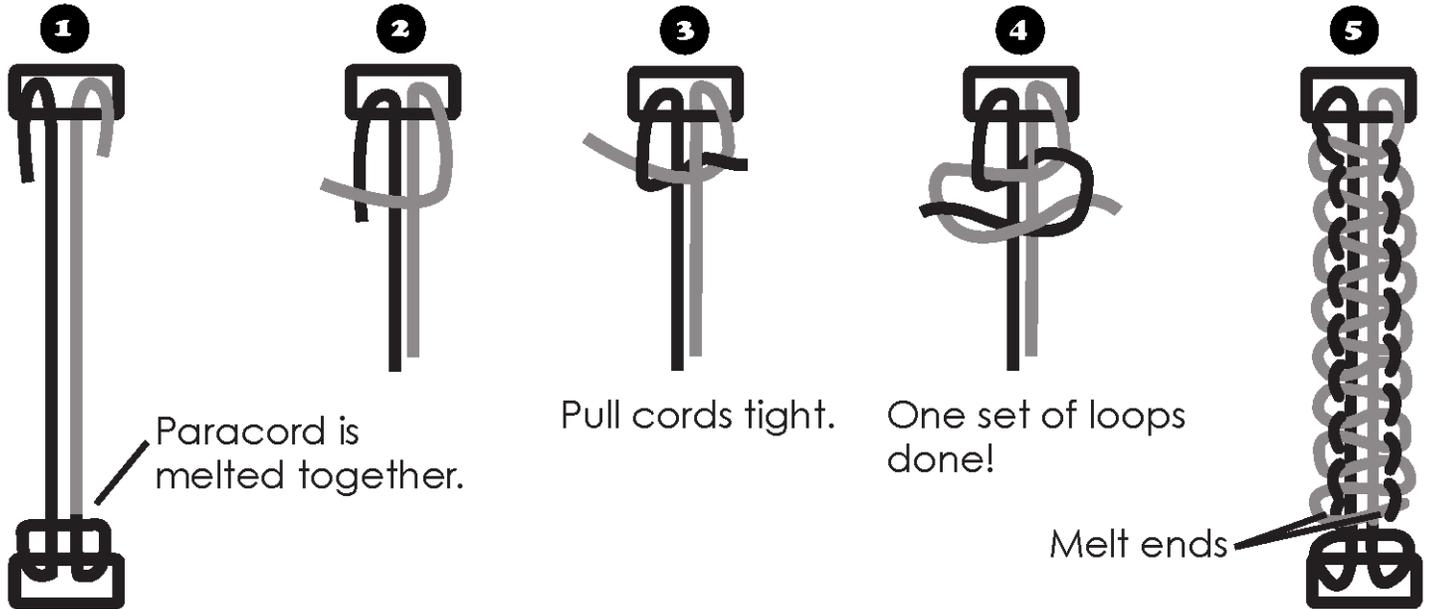
GET IN THE GAME READ

PARACORD BRACELET

WHAT YOU NEED:

- 8 ft of paracord (4 ft of each color)
- Clasp
- Flame/ lighter

WHAT YOU DO:



WEB RESOURCES:

- Instructables: <http://www.instructables.com/id/paracord-bracelet-with-a-side-release-buckle/>
- Amazon | Paracord: http://www.amazon.com/s/ref=nb_sb_noss_1?url=search-alias%3Daps&field-keywords=paracord

GET IN THE GAME READ

SHARPIE TIE-DYE BANDS

WHAT YOU NEED:

- Sharpie permanent markers
12 pack assorted
- White headband (or other white items such
as canvas shoes, tote bags, T-shirts)
- Isopropyl Alcohol (91%)
- Tape

WHAT YOU DO:

1. Separate front from back of headband with
cardboard - so that ink and alcohol will not
bleed through.
2. Tape off any area you wish to keep white.
3. Begin coloring in design motif.
4. Add rubbing alcohol in drops to 'bleed' out
inks. If creating a sharp/clean design, may
consider skipping this step.
5. Wait for rubbing alcohol to dry completely
before adding more color from markers.



WEB RESOURCES:

- Amazon | Sharpie Fine Tip 24 pk: http://www.amazon.com/Sharpie-Fine-Tip-Permanent-24-Pack-Assorted/dp/B0003WN0DO/ref=sr_1_2?s=office-products&ie=UTF8&qid=1449081055&sr=1-2&keywords=sharpies
- Amazon | Sharpie Perm. 12 pk: http://www.amazon.com/Sharpie-Permanent-Markers-12-Pack-Assorted/dp/B000F9XBQQ/ref=sr_1_3?s=office-products&ie=UTF8&qid=1449081055&sr=1-3&keywords=sharpies
- How To Instructions: <http://www.howtoinstructions.org/how-to-make-no-sew-recycled-t-shirt-tote-bag-in-10-minutes-step-by-step-diy-tutorial-instructions/>
- YouTube | isabella perez: <https://www.youtube.com/watch?v=7NukelvaBTI>
- YouTube | SoCraftastic: <https://www.youtube.com/watch?v=YY8FP9oSVvU>



GET IN THE GAME READ

WATERPROOF DUCT TAPE POOL BAG

WHAT YOU NEED:

- 2 alternating rolls of Duct Tape
- White plastic bag
- Sharpie marker
- Scissors
- Masking tape
- Table surface

WHAT YOU DO:

1. Cut open plastic bag along one edge and the bottom. Tape tightly to table
2. Mark out a 16 x 30" rectangle with Sharpie.
3. Tape right on top of the bag - alternating tape and slightly overlapping each layer until you cover the entire rectangle. Make sure to overlap the edges you drew just a little bit as well.
4. Press all down well, then release bag from table.
5. Flip over and cut out along the Sharpie lines. You should have a nice big rectangle of Duct Tape.
6. Tape top and bottom edges (separately).
7. Fold up bag and tape sides together. What color you choose is up to you; make it pleasing to the eye.

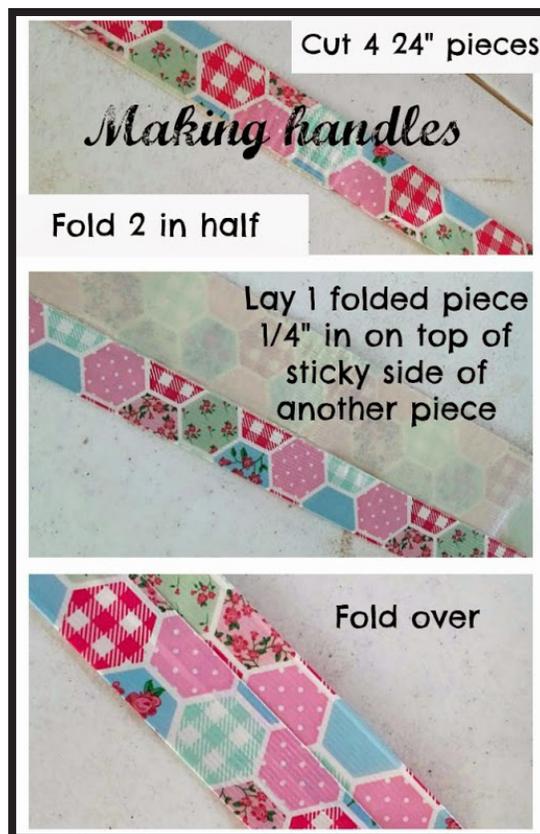


GET IN THE GAME READ

WATERPROOF DUCT TAPE POOL BAG

CONTINUED:

8. Attaching the handles: Cut 4 24" pieces of Duct Tape. Fold 2 of these in half (vertically).
9. Lay 1 folded piece 1/4" in on top of sticky side of another piece. Fold over
10. Lay across inside of bag top edge and secure with another strip of duct tape; repeat for other side.
11. Tape inside of bag to finish off.



WEB RESOURCES:

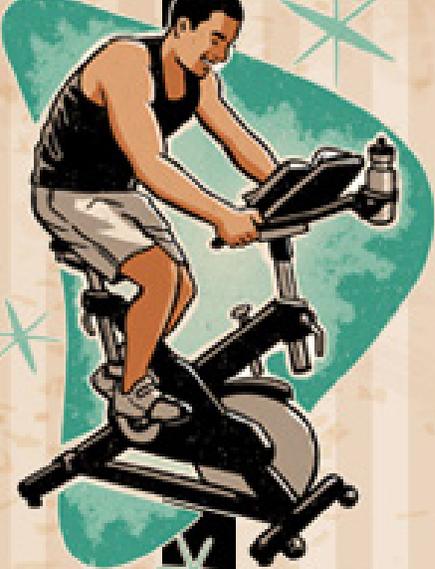
- <http://www.diybeautify.com/2014/07/how-to-make-duct-tape-beach-pool-bag.html> (photo credits)

GET IN THE GAME READ

BOOK SUGGESTIONS

1. *Full Court Dreams* by Jake Maddox
2. *Hoop Doctor* by Jake Maddox
3. *Long Shot* by Mike Lupica
4. *Spiked* by Steven Barwin
5. *The Kicks* series by Allen Morgan



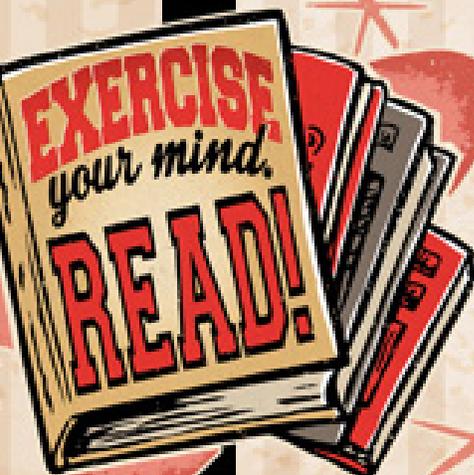


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adult programming



EXERCISE
your mind.
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EXERCISE YOUR MIND THROUGH COLORING

Coloring is an artistic stress reliever, especially when paired with soothing music.

WHAT YOU NEED:

- Soothing music (Yoga or Meditation)
- Colored Pencils
- Coloring pages/ books

WHAT YOU DO:

1. Buy coloring books
2. Print coloring pages for free online

WEB RESOURCES:

- Huffington Post | Why coloring could be the new alternative to meditation: http://www.huffingtonpost.com/entry/coloring-benefits-meditation_55b7c9c1e4b0074ba5a6724f
- Coloring pages for adults: <http://www.coloring-pages-adults.com/>
- Easy Peasy and Fun: <http://www.easypeasyandfun.com/free-coloring-pages-for-adults/>

Keep in mind that making copies of a coloring book is a copyright infringement, so online printing may be best.

EXERCISE
your mind.
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PLANT AND SEED SWAP

Plant and seed exchanges are a popular way to share your garden or house plants with others and pick up some new plants that you may not have.

WHAT YOU NEED:

- Plants
- Seeds
- Small plastic bags (zip-top)
- Labels and Markers
- Flower Pots (empty)
- Space: meeting room with tables & chairs, or outside (weather permitting)

WHAT YOU DO:

Before the event, decide whether to have participants register in advance and what, if any, guidelines you'll set for the swap. Advertise at local plant nurseries, community gardens, and community centers. You may want to solicit seed donations from local nurseries to create a base supply. You can choose to just allow gardeners with seeds to participate, or you can open the event to the general public. You may want to charge a small entrance fee for those who do not have seeds to contribute to the swap.

Provide tables where gardeners can display their seeds. Set out plastic zip-top bags and labels for participants to use to package seeds. Set up a display of books about gardening.

After the initial seed swap, you can set out any remaining seeds for patrons to take until stock is depleted, or you can create a permanent seed library.

Note: Check with your state's department of agriculture to determine whether specific varieties are banned from exchanges. SD Dept of Ag: <http://sdda.sd.gov/ag-services/seed/>

Optional: Invite local plant nurseries or gardeners to present mini-workshops during the swap on gardening topics, such as selecting the right seeds for your garden, setting up irrigation systems, or creating container gardens. Also, consider asking a Master Gardener to do a presentation.

EXERCISE
your mind.
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PLANT AND SEED SWAP

CONTINUED

BOOKS:

- The Complete Compost Gardening Guide* by Barbara Pleasant
- any other gardening related books for adults and children*

WEB RESOURCES:

- Gale Courses:
 - » Start your own edible garden: learn how to grow delicious, nutritious fruit and vegetables in your own back yard
- Nashville Public Library's Seed Exchange: <http://www.library.nashville.org/info/seedexchange.asp>
- Richmond Grows Seed Lending Library: www.richmondgrowsseeds.org/create-a-library.html
- Southern Exposure Seed Exchange: <https://www.southernexposure.com/how-to-host-a-seed-swap-ezp-146.html>
- Mother Earth News: <http://www.motherearthnews.com/organic-gardening/garden-planning/how-to-organize-a-community-plant-and-seed-swap.aspx>



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